



Blood, Sweat and Gears

Newsletter of the National Governing Body for Mountain Bike Orienteering.

bmbo.org.uk

April 2010

FIXTURES

Events every week for those of you prepared to travel!

Note that as well as the National Leagues for MBO and MBO Score, the dates have now been announced for the 2010 National Championships for each discipline.

April 2010

Sat 24	Dalbeattie Forest, SW. Scotland Cancelled due to lack of pre-entries	MBO	Forth Valley Orienteers	Details
Sun 25	Cannock Chase, Staffs Postponed	Enduro	Dark & White	Details
Sun 25	Isle of Man – North	MBO Score 3hr	Manx Timing Solutions	Details
Sun 25	Loweswater	MBO Score 3hr	Cross Cumbria Cyclists	Details

May 2010

Sun 2	Glentress, S Scotland	MBO Score 3hr	SMBO National MBO Score 4	Details
Wed 5	Hope Valley, Peak District	MBO Score 2 hr	Dark & White	Details
Sat 8	Keilder - The Border Raid	Enduro	The Bike Place in Kielder	Details
Sat 8	Drumlanrig Estate SW Scotland British MBO championship w/e	MBO	Forth Valley Orienteers National MBO 5	Details
Sun 9	Mabie Forest SW Scotland British MBO championship w/e	MBO	Forth Valley Orienteers National MBO 6	Details
Sat 15	Boltby & Silton Forest, N. Yorks	MBO Score 3hr	NYMBO	Details
Sun 16	Sheffield Cancelled	MBO	BMBO	Details
Thu 20	Eyam, Peak District	MBO Score 2 hr	Dark & White	Details
Sat 22	Keswick	MBO Score 3hr	Epic	Details
Sun 30	Selside, North of Kendal, Cumbria	MBO Score 5 hr	Cross Cumbria Cyclists National MBO Score 5	Details

June 2010

Wed 2	Peak District	MBO Score 2 hr	Dark & White	Details
Sun 6	Pentlands, near Edinburgh	MBO Score 3 hr	SMBO	Details
Sun 6	Grovely Woods (Cancelled)	MBO	Sarum Orienteering Club	Details
Sat 12	Driffield, Yorkshire Wolds British MBO Score championship	MBO Score 3 hr	NYMBO	Details
Sat 12	Driffield Airfield	MBO	NYMBO National MBO 7	Details
Wed 16	Peak District	MBO Score 2 hr	Dark & White	Details
Sat 19	Ringwood Forest North	MBO Score 2 hr	Wimborne Orienteers	Details
Sat 26	Tebay, Cumbria	MBO Score 3 hr	Epic National MBO Score 6	Details

NATIONAL CHAMPIONSHIPS

These dates have now been confirmed:

National Championships **MBO** will be a weekend of two events, Saturday 8th May at Drumlanrig and Sunday 9th May at Mabie, both organised by FVO.

National Championship MBO Score will be one event, the Wensleydale 5hour Event on Saturday 10th July organised by NYMBO.

Perpetual trophies are being arranged for both championship weekends and also a system to keep track of who has them for future years!

Please enter in reasonable time, late entries are an increasing problem for organisers.

COMMITTEE MEETING

The committee met on Wednesday 24th March, and the following matters were discussed:

The new website is excellent - further development is in progress and new ideas were suggested.

Auto-download is a software package that makes using SI easier, and BMBO are going to introduce it during the year.

National Champs dates for the MBO and MBO Score championships were proposed.

Feather Banners – BMBO are to design and purchase banners to be available to event organisers.

New BMBO Logo is needed – more info elsewhere in this newsletter.

SI kit and Computer Some new spares are being ordered, and some TLC given to the computer. The full minutes will be available on the website in due course.

WHAT DO YOU WANT TO SAY – CONTACT THE COMMITTEE

Don't forget if there are any issues concerning BMBO you want to discuss, or any offers to help you wish to make, just contact any member of the committee – the e-mail addresses are on the website.

WEBSITE – DID YOU KNOW?

All event admin is now done online. We do not use paper forms anymore. If you can't find the Risk Assessment, Levy Form or wonder how to get the Insurance Certificate then read the “Organise an Event” section of the website: <http://www.bmbo.org.uk/organisers/getting-started.php>

Got a few questions: <http://www.bmbo.org.uk/organisers/faq/19>

Its all there and if you think info is missing, then let us know.

DESIGN A NEW LOGO FOR BMBO

The existing TCA logo has served us well for many years, but the committee feel that with a new name we need a new more modern logo. We know our members are a multi-talented bunch, so we are inviting you to submit your design ideas. The new logo needs to incorporate the themes of mountain biking, maps and orienteering plus the name or initials of BMBO. It needs to look modern and dynamic. It needs to be simple enough to replicate well on merchandise and banners, as well as look good on the website and publications.

If you can come up with a good idea, send it (preferably as a jpeg file) to John Houlihan at chairman@bmbo.org.uk as soon as possible, and definitely before the end of May.

The committee's decision is final, but if your design is chosen, you will get one years full membership of BMBO

REGIONAL LEAGUES

Cross Cumbria Cyclists XCC have combined resources with Epic Events to produce a Cumbrian

League for 2010. The events included in this league are listed on the website event calendar, as are the other regional leagues. Press the button for “All Leagues” and select the one you want and then press “filter”.

NATIONAL MBO LEAGUE 2010

Four events have now been completed, but not many riders have competed in more than two or three of these. Highest overall scores at present include Alan Hartley in M21, Tony Brand Barker in M50, Helen Clayton in W20 and Charlotte Somers-Cocks in W50. With six more events to come, and with six to count for the league, its still very open.

NATIONAL MBO SCORE LEAGUE 2010

Three events completed, another eight to come. All League results will be up on the website by the first week of May and announced in the NEWS. We are working on somewhere to put them and how to manage it through the system as opposed to it all being done manually. However, for the moment we will have upload manually.

MANX SPRING MBO SCORE – SUNDAY APRIL 25TH 2010

After several weeks of bone-dry weather, it was a tad disappointing that the Island received a heavy dose of overnight rain and awoke to a misty, dank and drizzly prospect on Sunday morning.

Thankfully, this was not enough to deter 73 riders from turning out to sample the eclectic mix of terrain afforded by the hills around Baldrine. 31 teams and 11 solo riders were treated to an orienteering challenge that included 24 controls as far afield as Lonan church, Clay Head, Ballaragh, Snaefell Mines, Bungalow & Windy Corner - plus a liberal scattering around Conrhenny, the Clype and Honey Hill areas.

There really was something for everyone: A real hard-man's route that included a circuit through Glen Roy, up to Windy Corner, along to the Bungalow and across country to the Agneash Valley. Only 5 teams attempted the full circuit - and strong legs were needed to complete this in time to pick up some of the lower value controls and get back home within the time limit. Many took on either the big climb up to Windy Corner or the endless drag up to the Snaefell mines – lured by the high-scoring checkpoints but opted not to attempt the full loop. Most who know the lay of the land in this area would have probably realized that the easier alternative was to ride the loop in a clockwise direction – which makes it all the more impressive that the winning team of Martin Bell & Ben McLean (752 points) chose to do it the harder way around! Looking at their route makes impressive reading and they cleaned up on all but 3 of the available checkpoints with just 34 seconds to spare within the 3-hour time limit.

Just one checkpoint down (but 70 points adrift and 7 minutes over the time limit) was Julian Corlett (682 points) – who did an equally tough route – proving that Trailquest is so much about doing the maths and picking the most effective route. The game isn't over until the last man comes home!

Laxey man Mark Eastham and partner Lee Clayton notched up an impressive 646 points to take third place (without doing the main loop). As relative newcomers this was a very impressive result which forced the other Laxey team of Steve Partington & Dave Rielly (631 points) into 4th place – a veritable head-to-head.

Lloyd Taggart and Jackie Lee are now making regular appearances on Mountain Bikes and put in a powerful performance (and immediately tackling the big loop anti-clockwise) to place them 5th

overall (1st mixed team) with 604 points ahead of the regular mixed duo of Chris Watson & Nikki Lane (7th overall on 547 points).

Stuart Garry did extremely well to take 6th overall (1st Grand Vet) with a tough but effective route. Relative unknowns Paul Barnett & Simon Pontee were 8th overall (530) followed by Simon Trenholme & Gary Hinds (513) and Solo Craig Hindle (504) to round off the top 10 overall.

I really wish that I could mention everyone – for everybody took on their own challenges and did well to plan and navigate their own routes in what were pretty dreadful conditions in places. The hill fog and rain on the hills reduced visibility to a few metres and it cannot have been easy wandering around in the murk.

There was disappointment for E2E-master Steve Honeybone - who was forced to drop out with a knee strain early in the event. Well done to Emma Skuse for being the top (only) solo lady to finish 20th overall on 438 points. And well done to Rob & Thomas Longden for being the top generation team on 278 points. Really – well done to everyone who took part and who were not deterred by the unpleasant conditions....

We had no complaints about checkpoint locations – all were carefully mapped and backed up by GPS so, if you were in the right place, you got the points... Special thanks to Chris & Nikki for helping to put out the course on Saturday. Big, big thanks to Sue for slaving over the tea urn and serving you all with food in the big barn after the event.

The event HQ was kindly hosted at Baldrine Farm by Adie Corlett and family - who all made us very welcome. This offered plenty of parking space and the large barn gaveshelter from the drizzle to riders and bikes alike - although it was a tad cool in the inclement weather! Can you believe that, with the sunny build-up to the event, we wereactually contemplating running a Barbecue? Maybe his will be on the cards for the summer event...

The next Trailquest on the Calendar is the Big Summer event on Sunday 4th July (Tynwald weekend). This will once again feature as a round in the UK National League – so local knowledge will be tested against the experience of regular orienteers. At time of writing, we are hoping that this will be based at Ballaugh – but are waiting on confirmation for the use of a suitable event centre. As soon as this is finalized, an announcement will be made on the MTS Trailquest page, MMBC site and in the Manx Independent.

Above all, though, we hope that you enjoyed this event – and hope to see you again at the next one. Please feel free to send us your feedback.

Graham Hughes

Next Newsletter

Any articles, reports etc, please send to newsletter@bmbo.org.uk