# **Black Mountains – Mountain Bike Orienteering**

### THE AREA

Situated on the English Welsh border and rising to over 800m above sea level it is widely accepted that the Black Mountains are epic for mountain biking and with events in the Wye Valley and deeper into Wales we have a wonderful area to ride in. Our events will utilise the best trails in the area and once you've ridden them you will want to come back and ride them time and time again.

#### THE EVENTS

#### 2018 MBO Score Series

Adventure Race type events to test your endurance, mountain biking skills and navigation.

Sunday 26th November 17 Sunday 14th January 18 Sunday 4th February 18 Sunday 4th March 18 Sunday 24th March 18 Sunday 8th April 18 Weekend 4/5<sup>th</sup> May 18 Sunday 17<sup>th</sup> June 18 Sunday 8<sup>th</sup> July 18

 Event 1 Gilwern (3½hr Score) Event 2 Forest of Dean (3hr SAF)

- Event 3 Chepstow Park Woods (3hr SAF)

- Event 4 The Wentwood (3hr SAF) - Event 5 Trellech Common (3hr SAF)

- Event 6 Longtown (3½hr Score)

- Event 7/8 The OMM Bike, Forest of Dean

- Event 9 Llandefalle (3½hr Score) - Event 10 Trecastle (3½hr Score) Sunday 9th September 18 - Event 11 Talybont (3½hr Score) Sunday 17<sup>th</sup> October 18

- Event 12 The Wye Valley (3½hr Score)

The aim of the events is to find and visit checkpoints marked on our Maps:

- Fun for beginners and challenging for the experienced
- Post event hot food and drinks included in the entry fee
- Participate as a team or go solo
- Great for groups and families
- Bring your own bike or hire one
- Try it for fun or compete against your friends
- **Trophies for Overall and Class Winners**

Each rider accumulates a total score dependent on how many and which particular controls they visit. There is no set order for visiting the controls & riders have to decide the most efficient route to use their time and energy.

The rider with the highest points total is the winner. As route choice, level of difficulty and duration of riding are all decisions for the rider, these events really suit everyone whatever your ability level.

#### **Black Mountains MBO**

Day Rider Form -



Name	
BMBO No	MTB
Age Class	
SI Card	
Mobile No	
Email	
Emergency Contact Name & Phone Number	

Completion of this form ensures that the Day Rider detailed above is treated as a member of BMBO for the date of this event.

## Benefits if you join as a full BMBO Member (£8);

- Entry to all BMBO events without Day Rider surcharge
- Automatic Third Party rider insurance
- Eligibility to National BMBO leagues & prizes
- Full access to BMBO website
- E-newsletter
- Member discount offers
- Eligibility for GB Team

To Join go to www.bmbo.org.uk