

**Mountain Bike Orienteering**  
**27<sup>th</sup> February 2011**  
**Beacon Barracks, MOD Stafford**

**Prologue first start 10am**  
**Final first start Noon.**

Please, Please, Please enter online, early if possible. To speed up security at the gate you will need to supply the car registration number you intend to travel in.

**It is important that you also bring photo ID with you on the day of the event (drivers license or passport are best) and arrive in plenty of time in case there is a queue for security at the main gate.**



When you arrive at MOD Stafford main entrance please park in the visitors bays provided and a Walton Chasers official will direct you through the security procedure before you enter the camp. Once through security please follow orienteering signs through the base to the car park.

MOD Stafford will be very quiet on the day of the event but there will still be a few cars about and of course the odd pedestrian. **Please ride on the left at all times**, although you do not have to adhere to any no entry or one way signs.

Please be extra careful, particularly of other riders when turning blind corners around buildings.

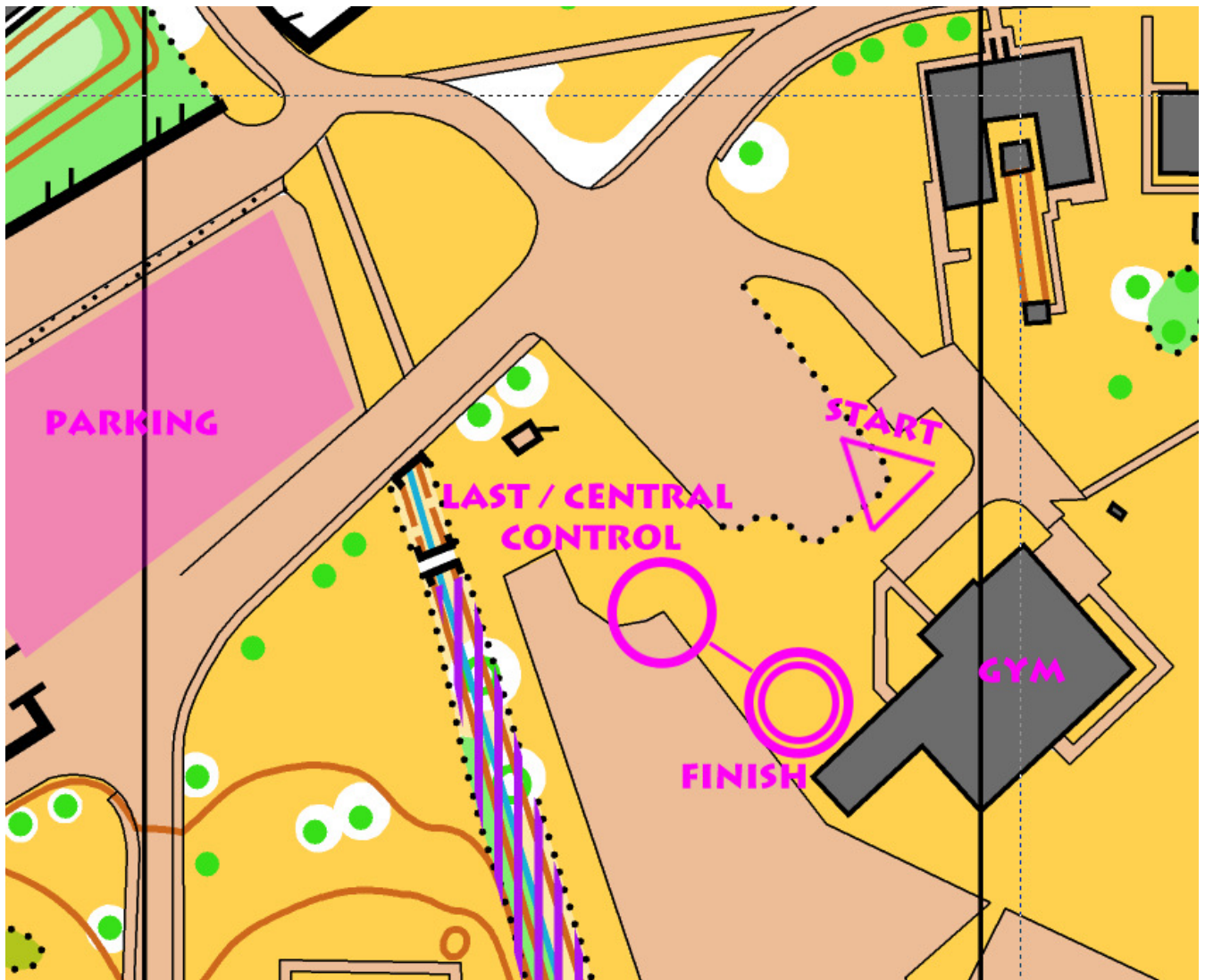
As the area is enclosed and more or less traffic free we are happy for juniors over 14 to ride unaccompanied. Those under 14 must be accompanied by an adult.

**We have full access to ride anywhere on the base (ie off track) unless we have marked it as specifically out of bounds. Of course this does not mean you can ride through flower beds and please ride with consideration.**

#### **Directions**

MOD Stafford is situated in the West Midlands to the north of Stafford in the heart of surrounding countryside. If travelling on the M6, exit at Junction 14 and follow the A34 until you get to a second traffic island, go straight over and follow the A513 (signed Uttoxeter) for approximately one mile. At the traffic lights continue on and Beacon Barracks is about 100 metres further down on the left.

<http://www.streetmap.co.uk/map.srf?X=393092&Y=325060&A=Y&Z=120>



### Facilities.

Car Parking will be on hard standing adjacent to the base Gym. Toilets and changing facilities will be available. Download and Registration will be in the Gym.

### Map Board Hire

High Quality Miry Mapboards are available to hire or buy. Please contact Emily Benham [emilybenham@me.com](mailto:emilybenham@me.com) to pre-book one.

### Mapping, Terrain and ride-ability.

Mapping will be to IOF sprint specification for foot orienteering.

#### **Scale 1:6500 2.5 metre contours A4 waterproof map.**

Most grass although short can be heavy going at times. Areas marked as rough open are completely unrideable, although are not out of bounds.

Areas of soggy grass liable to cut up are marked as OOB but will not have specific boundaries on the ground. Please use common sense.

The off road driving area used has tracks of varying rideability which is difficult to map. Depending on the weather and recent activity there could be very deep water and thick mud in places. All across the base there are, what look like some unmarked concrete paths. These are actually ducts covered with concrete panels. See example photo displayed at the event.

## Event Format.

Everyone will compete in a *prologue* race first. This is designed to have a approx 20 min winning time, but all age classes will ride the same course. Start times from 10.00 to 11.15am

The purpose of this is to give everyone a flavour of the types of riding and navigation skills needed and to seed the final to encourage closer competition.

In the final (hopefully from 12 to 12.30), groups of 3 riders of similar ability will be set off together on a clover leaf shaped course with each person doing a different loop first from a central control.

It is hoped that the central control (also the last control) will be wired to give live results during the race.

The riders that rode the prologue fastest will start last.

(if anyone needs to leave early please get in contact and we will try to give you an earlier start time)

The final will have a winning time of approx 40 mins, but again all classes will ride the same course.

For novices or those not wanting to compete in the final after doing the prologue, a timed (45 min) score course will be available.

Overall results and class results will be available. It is hoped that everybody will be finished by 2.30 pm



## Stodge-Blog Sportident punching Challenge (free).

For those with time between races a short 150metre speed punching course will be set up adjacent to the start / finish area. You may practice / attempt this course as many times as you like. When you feel you have your fastest time and would like to submit it to the competition please come to download ( you may only submit one time though).

It is imperative that you do not attempt this course if you have 'live' un-downloaded course information from the prologue or final on your SI card or this data will be lost. Please download first.