BEWALDETH

TRAILQUEST

(Nr Cockermouth)

Sunday 16th October 2011

 Details and Entry Form

www.bmbo.org.uk www.crosscumbria.co.uk

Round 7 of 2011 XCC Summer series

a BMBO score event (Trailquest)

A 4 hour mountain bike orienteering event,

 with classes for solo riders and teams of two,

comprising a varied event area with lots of controls and great riding

# Event Centre

North Lakes Caravan Park , Bewaldeth Cumbria , situated on A591 approximately 3 km North of Bassenthwaite Lake.

 **The event centre will be open from 09.00. with starts from 10.00 to 11.00**

**Free Parking outside caravan park on old road.**

**Area**

**An area of outstanding beauty with great views comprising of minor roads , bridleways , forests , and fell tracks.**

# Map/Event Format

The event is designed to test your endurance, mountain bike handling and navigational skills. There will be 30 controls placed in the area with values from 10 to 30 points. Your aim is to collect as many points as possible and return to the finish within the 4 **hours** available. Penalty points will be deducted for late return.

The event map will be provided as part of the entry fee, pre-marked with control sites and out of bounds areas. The map will be in colour, at a scale of 1:50000, provided with an A3 plastic bag.

### Event features

4 hours long Large event area Great riding lots of controls,

 As challenging or as easy as you like to make it.

 Prizes for class winners

 **The most fun you can have on your bike**

### Entries

Please enter online by Wednesday 12th October 2011 or by post to John Johnston **at 3,Crossgill Cottages Frizington Cumbria CA26 3RA to arrive by** Friday 14th October 2011

No final details will be sent through the post. Please check www.bmbo.org.uk for any last minute information.

For entries after this date, please ring the organiser on 01946 810692 to check availability of event maps. Entry on the day may be possible, but **not guaranteed** if you have not phoned or emailed to silverforester@aol.com beforehand.

**Entry fees**: £10 per solo or £20 per team. Youth entry fee (16 yrs or younger) is £6.

It is a condition of the TCA event insurance that all competitors must be members of the TCA. **You can join the TCA online as an Associate Member for 2011/12 for no charge (free!). Youth membership online is also free. Just visit** www.bmbo.org.uk **and click on the JOIN NOW link.** If you join at the event, a fee of £3 will be charged. **Full membership** of the TCA costs £15 and **exempts you from paying the associate member event levy of £2 per event.**

**SI Card** **hire** for the event: £1 per solo or £2 per team entry. (A lost SI Card will cost you £20.)

## Rules and Equipment

1. Follow the cycling code at all times. Using footpaths or out of bounds areas, even for carrying your bike will result in disqualification.
2. You should not do anything that you would regard as cheating if someone else did it. Pairs

must remain in contact (50 metres) at all times and visit control points together.

1. **You must report to the finish desk even if you retire.**
2. Competitors must close all gates, pass or overtake walkers slowly and courteously, treat the rural community with due consideration, and aim to cause no damage to trails.
3. **Cycling helmets are compulsory and must be worn at all times**.
4. Other equipment required; a roadworthy mountain bike, basic first aid kit, compass, whistle, water/wind proofs, tool/puncture repair kit and food and drink for 4 hours. Kit may be checked at the start (no kit, no start, no refund).
5. Note that competitors compete in this event at their own risk and are responsible for their own safety. Take care on narrow country lanes and on the off-road trails, some of which are **steep and rocky**.

## Checkpoints

Checkpoint sites will be marked and all will have an SI box secured by steel wire to the checkpoint feature. The Sportident electronic timing system will be used. **You will need to hire an SI Card for the event if you do not already have one.** To get your own SI Card for recording visits to checkpoints, purchase one online for £18 before you enter the event by visiting [www.sportident.co.uk](http://www.sportident.co.uk) or by telephoning Martin Stone on 01931 714106. Sportident can provide a SI Card number immediately so that you can enter this event without delay. The card pays for itself after about 20 events and the memory chip remains under warranty for 10 years.

## On the Day Procedure

1. When you arrive, sign in and collect your SI Card and control descriptions and value sheet.
2. Prepare your bike, equipment and yourself.
3. When you are ready, go to the start where you will use the SI Card to start your time clock and will be given a pre-printed map with checkpoint locations and values.
4. Plan a route and visit as many checkpoints as you can. Return to the finish within 4 **hours** and stop your SI Card time clock.
5. Results will be displayed as soon as possible after the last finisher. (Class prizes).

## Classes

|  |
| --- |
| **Solos / Teams of two (Combined Age Range)** |
| M 21 | Open Men (17 to 39) / (34 to 79) Open Class, any age can compete |
| W 21 | Open Women (17 to 39) / (34 to 79) Open Class, any age can compete |
| M 40 | Men 40 to 49 or male team combined age 80 to 99 |
| W 40  | Women 40 to 49 or female team combined age 80 to 99 |
| M 50 | Men 50 to 59 or male team combined age 100 to 119 |
| W 50 | Women 50 to 59 or female team combined age 100 to 119 |
| M 60  | Men 60 + male team combined age 120+ |
| W 60 | Women 60 + female team combined age 120+ |
| **Teams of two only** |
| Y18 | Youth (aged 15,16 or 17) (**Youth Pairs only due to exposed terrain**) |
| X 21 | Mixed -combined age 34 to 79) |
| X 40 | Mixed -combined age 80 to 99 |
| X 50 | Mixed -combined age 100 to 119 |
| X 60 | Mixed -combined age 120 + |
| G | Generation (youth 12-17 & Adult 18+) |
| T21 | Tandem (any age combination) |
| **Classes may be combined at the organizer’s discretion.** |

**BEWALDETH MBO SCORE (Trailquest) 16th October 2011**

|  |  |  |
| --- | --- | --- |
|  | Solo/Team member 1 | Team member 2 |
| Name |  |  |
| TCA number |  |  |
| Address 1 |  |  |
| Address 2 |  |  |
| Address 3 |  |  |
| Address 4 |  |  |
| Postcode |  |  |
| Telephone  |  |  |
| E-mail |  |  |
| Age on 31/12/12 |  |  |
| SI Card no |  |  |

#### Please tick the class entered in the table below.

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Y18** | **M21** | **W21** | **M40** | **W40** | **M50** | **W50** | **M60** | **W60** | **X21** | **X40** | **X50** | **X60** | **G** | **T** |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

**Entry Fees**

|  |  |
| --- | --- |
| Full TCA member: £10 per person |  |
| Associate TCA member : £12 per person |  |
| Non TCA member, joining on the day : £12 + 2 = £14 per person |  |
| Youth: £6 per person |  |
| SI Card hire: £1 per person |  |
| Postal entry add £1 |  |
| Total entry fee (Please make cheques payable to Cross Cumbria cyclists) |  |

## Notes

1. You only need to pay the TCA associate membership fee of £3 per person if you are not a TCA full or associate member for 2012 and you join on the day. **You can join the TCA free online as an associate member – visit** www.bmbo.org.uk **and click on JOIN NOW.**
2. Only **full members** of the TCA are exempt from paying the TCA event levy of £2 per rider.
3. If your team is made up of a combination of TCA full member/associate member/non-member, please adjust the charges shown in the table accordingly.

I/We agree to abide by the TCA rules and enter this event at my/our own risk.

Signed (parent if under 18): 1\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 2\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_